

**40º PLANO DE PROMOÇÃO DE ATLETISMO  
BALASAR - 2019/12/01**

ESCALÕES		A		B		C		D		E		F		G		TOTAL			
ASSOCIAÇÃO	Penal.	F	M	F	M	F	M	F	M	F	M	F	M	F	M	FEM.	MASC.	ESTAF.	GERAL
ATLETICO C. PÓVOA VARZIM	60.0	0.0	90.1	546.5	297.9	175.8	391.6	351.3	275.6	246.2	430.0	0.0	346.3	42.8	169.1	1362.6	2000.6	0.0	3363.2
A.D.R.A. BELÉM	0.0	0.0	0.0	119.7	0.0	140.6	42.4	0.0	0.0	0.0	0.0	0.0	21.9	0.0	89.6	260.3	153.9	0.0	414.2
C.A. PÓVOA DE VARZIM	0.0	299.6	229.0	91.3	270.6	144.3	340.3	213.2	144.3	0.0	139.0	61.2	62.4	273.0	433.2	1082.6	1618.8	0.0	2701.4
C.C.D. TERROSO	0.0	0.0	0.0	0.0	74.4	0.0	0.0	0.0	19.1	0.0	62.3	50.3	0.0	0.0	29.7	50.3	185.5	0.0	235.8
C.D.C. NAVAIS	0.0	735.8	526.1	423.2	665.2	1057.9	745.6	355.3	756.4	317.4	859.3	244.4	573.3	133.7	302.6	3267.7	4428.5	0.0	7696.2
CLUBE DESPORTIVO PÓVOA	45.0	345.8	0.0	303.5	84.6	245.1	247.2	146.9	256.4	123.1	0.0	110.5	349.4	140.3	151.0	1415.2	1088.6	0.0	2503.8
G.C.R. AGUÇADOURENSE	0.0	267.9	842.8	1366.9	1676.7	279.6	358.9	132.3	368.6	223.3	439.5	461.4	425.0	176.6	294.9	2908.0	4406.4	0.0	7314.4
G.R.E.BONFIM	0.0	248.4	138.8	0.0	315.9	0.0	0.0	0.0	132.9	0.0	195.9	243.3	65.2	140.4	370.5	632.1	1219.2	0.0	1851.3
G.R.E. TRICANAS POVEIRAS	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.9	86.8	0.0	0.0	5.9	86.8	0.0	92.7
G.R. REGUFE	0.0	0.0	70.7	91.4	0.0	0.0	0.0	0.0	81.7	0.0	0.0	0.0	0.0	4.2	0.0	95.6	152.4	0.0	248.0
U.D.C. ARGIVAI	0.0	0.0	0.0	0.0	120.7	0.0	0.0	0.0	0.0	0.0	0.0	0.0	120.7	0.0	56.9	0.0	298.3	0.0	298.3
<b>TOTAL</b>	105.0	1897.5	1897.5	2942.5	3506.0	2043.3	2126.0	1199.0	2035.0	910.0	2126.0	1177.0	2051.0	911.0	1897.5	11080.3	15639.0	0.0	26719.3

**A COMISSÃO TÉCNICA**